

Dirtbean Ohana

Café & Bike Shop

217 8th St. Marlinton

304 799-4038

free wifi

Hours M-Th 7am-6pm

Friday, Saturday 7am-7pm

Lunch Menu

Breakfast menu on page 3

Hawaiian Ham Sandwich...	\$5.99
Thin slices of ham, portabella mushrooms, pineapple, mozzarella cheese, sun-dried tomato pesto served warm on a toasted ciabatta roll, served with chips	
Dirtbean Dip...	\$5.99
Sliced roast beef, sun-dried tomato pesto, swiss cheese served warm on a toasted ciabatta roll with au jous sauce, served with chips	
Bean's Personal Pizza...	\$5.99
Garlic and herb flatbread served with basil pesto, chicken, portabella mushrooms, sun-dried tomatoes, and mozzarella cheese.	
Hawaiian Pizza...	\$5.99
Garlic and herb flatbread served with sun-dried tomato pesto, ham, portabella mushrooms, pineapple, and mozzarella cheese.	
Veggie Pizza...	\$5.99
Garlic and herb flatbread served with basil pesto, portabella mushrooms, sun-dried tomatoes, spinach, and mozzarella cheese.	
Veggie Sandwich...	\$5.99
Spinach, portabella mushrooms, sun-dried tomatoes, carrots, mozzarella cheese, basil pesto on a toasted ciabatta roll.	
Substitute Ezekiel Sprouted Grain Bread on any sandwich add \$1.25	
Soup of the day... ask server	
bowl 6 oz. served with Sourdough bread and basil pesto or butter	\$4.50
JUMBowl 12 oz. Served with 2 pcs. Sourdough bread and basil pesto or butter	\$5.50
Spinach Salad...	\$5.25
Mixed greens with spinach, portabella mushrooms, sun-dried tomatoes, carrots, onions, parmesan cheese. Dressing choices, ranch, mango vinaigrette, or balsamic vinaigrette.	
Add ham & cheese spirals, salmon, tilapia or chicken	\$7.00
Extra dressing	.75

Soup & 1/2 sandwich...	
bowl of soup and half sandwich	\$6.75
JUMBowl of soup and half sandwich	\$7.25
Soup & Salad ...	\$7.49
Add ham and cheese spirals, chicken, salmon or tilapia for \$1.75	
Summer Salad...	\$5.25
Mixed greens, alfalfa sprouts, pumpkin seeds, raisins, pineapple with mango pineapple dressing, add chicken, salmon, ham/cheese spirals or tilapia for \$1.75	
Summer Veggie Sandwich or Wrap...	\$6.25
Mixed greens, alfalfa sprouts, carrots, avocado, choice of cheese (cheddar jack, mozz/parmesan, or swiss) with balsamic vinaigrette dressing	
Ham & Swiss Wrap...	\$6.25
Ham, swiss cheese, mixed greens, ranch dressing	
Chicken Avocado Sandwich or Wrap...	\$6.95
Chicken, cream cheese, avocado, alfalfa sprouts, raisins, mixed greens on sprouted grain bread or in a wrap, please specify sandwich or wrap. veggie version, \$5.95	
Chips & Salsa	\$2.75
Extra salsa	.75
Chicken & Cheese Quesadilla	\$5.75
Veggie Quesadilla. spinach, cheese, onions, mushrooms	\$5.99
Cheese Quesadilla	\$5.25
The Works Quesadilla.	\$6.95
Chicken, spinach, cheese, onions, mushrooms	
Veggie Wrap	\$6.25
Mixed spring greens, spinach, portabella mushrooms, carrots, cheese	
Chicken. portabella wrap	\$6.95
Chicken, spring greens, portabella mushrooms, cheese	
Meximelt Pizza	
Chicken, cheese, onions, salsa, mushrooms, crushed tortilla chips, cheddar jack	\$6.95
Thai Slaw Salad	
Thai inspired red cabbage slaw on bed of greens, mushrooms, pineapple, carrots, Choice of salmon, chicken or tilapia, mango dressing	\$7.95
Thai Slaw ala carte	\$2.75
Tilapia fish Taco	
Baked tilapia with thai red cabbage slaw and pineapple salsa	\$6.95
Sour dough loaf	\$3.95
Pesto tomato or basil 4oz serving	\$3.50

BREAKFAST & BAKED GOODS

Cinnamon Raisin French Toast

3 pieces Ezekiel Sprouted Grain French toast topped with banana **\$5.50**

Ezekiel Toast

2 pcs. Regular sprouted grain or Cinn. Raisin w/butter or p nut butter **\$2.75**

Belgian Waffle

topped with banana and blueberries **\$5.25**

Quiche

Veggie or single \$2.50

Ham & Cheese double \$3.95

Bagel plain or with butter

\$1.50

Bagel w/cream cheese or p nut butter

\$1.99

Breakfast Bagel w/egg, ham & cheese

\$3.95

Breakfast Bagel Da Kine!

\$4.25

Egg, ham, cheese, spinach, sun-dried pesto,
Substitute Ezekiel Sprouted grain bread add \$1.00

Cinnamon Bun

\$1.99

The Super Cookie, dirtbean's own energy bar, Ezekiel cereal, raisins, craisins,

dark chocolate chips, pumkin seeds, peanut butter, honey and brown sugar **\$2.25**

Cheese Danish

\$1.99

Assorted Scones

\$1.99

Assorted Cookies

.60ea \$1.50/3

Drinks, Smoothies, & More

	12oz/16oz
Club Soda	\$1.25
Italian Soda. flavored syrup, club soda, ice	\$2.50
Cremona, flavored syrup, club soda, cream, ice	\$3.00
Fruit Smoothie. frozen fruit, frozen yogurt, apple juice	\$3.95/4.50
Add protein	\$1.50
Peanut butter Smoothie p nut butter, milk, frozen yogurt & honey	\$4.25/4.75
Epic Smoothie. frozen yogurt, soy milk, peanut butter, banana, protein	\$5.50
Frozen Yogurt. vanilla scoop	\$1.75
Add chocolate. caramel syrup	\$2.00
Super Cookie Sundae	
Super Cookie, frozen yogurt, chocolate syrup and a little extra p-nut butter!	\$4.50
latté. cappuccino. single add flavor .25 cents	\$3.35
latté. cappuccino. double add flavor .25 cents	\$3.85
Milky Way. Chocolate, caramel, steamed milk, espresso	\$3.95/4.55
White Chocolate Raspberry Truffle.	
White chocolate, raspberry, steamed milk, espresso	\$3.95/4.55
Chocolate Covered Cherry	
Chocolate, cherry, steamed milk, espresso	\$3.85/4.45
Mocha. white or regular chocolate, steamed milk, espresso	\$3.50/4.00
Chocolate Orange Mocha. chocolate, orange, steamed milk, espresso	\$3.85/4.45
Coffee	\$1.50/1.99
Marlinton Flood Mud. 2 shots espresso in a cup of dark roast coffee	\$2.85
flash flood. flood mud in a hurry. no extra charge	
Mini Mud. 1 shot espresso in a cup of dark roast coffee	\$2.50
Americano. 2 or 4 shots espresso in water	\$2.50/3.75
Chai Tea latté spiced or vanilla	\$3.10/3.60
Iced/hot Tea	\$1.75
Steamer. flavored syrup and steamed milk	\$2.25/2.60
Cow (milk). Apple or Orange juice	\$1.50/1.95
Bottled Water	\$1.00